June: Outdoor Safety

This month's tips concern Outdoor Safety. The Sandy Fire Department Safety Tips for the month are:

- When hiking or camping, always travel with a companion.
- Stay hydrated, and carry food with you.
- Bring a first aid kit, and know how to use it. Take first aid before pursuing outdoor activities.
- Bring emergency supplies (such as a flashlight, fire starter, map, and compass).
- Avoid natural hazards, including bad weather such as storms and lightning. If you get caught in a storm, seek shelter.
- Use extreme caution when building fires. Only build fires in safe, open areas, and never leave them unattended.
- If you get lost, stay calm, trust your map or compass, stay on a trail if you find one, stay put at night or if injured, and as a last resort follow a drainage system or stream downhill.

